

## October, 2021

#### West Central Public School

c/o 545 – 11<sup>th</sup> Street East Prince Albert, SK S6V 1B1 Phone: (306) 922-8339 Fax: (306) 763-9445 www.srsd119.ca/wc Kevin Tait, Principal

Hello West Central Public School Community Club,

We are ready for October! Our school had a great start-up in September. The students have been enjoying the reductions in restrictions, while at the same time observing the guidelines to keep us safe. As active citizens, our school has consistently followed these guidelines.

Our school is slowly returning to pre-Covid practices. We are participating in extracurricular activities, like cross-country and volleyball. We will be having a Walkathon on October 7<sup>th</sup>. The students will be able to donate food for a food hamper. The students have more freedom to move around and interact with other students in the school. It is a different atmosphere in the school.

Our big Coop Card Fundraiser starts on the 4<sup>th</sup>. This year we will be raising funds for jerseys. Depending on how much we raise, we will also use the money for different school activities throughout the year. There will be prizes for students who bring in donations. When selling the Coop Cards, other than it supports the school, the main selling point is that the money you spend is the same amount as you get back in Coop Cards. If you donate \$50 you will get \$50 in Coop Cards. It is a win-win situation for all. Last year we were very close to meeting the highest amount a school can raise. Let's do it again!

Our SCC is back in place. Karla Either will continue on as the President. Heidi Kuzniar will be the Vice-President and Cassandra Tenkink will be the secretary. We had our first meeting on September 29<sup>th</sup>. It was awesome to get back and share with the committee. If you want more insight into the school, please feel free to attend our next meeting on October 27.

We are transferring to our new assessment communication tool called Edsby. Parents/Guardians would have received an email to sign up. There is a video at the end of the email on how to sign up. This new system will take the place of See Saw (with the exception of the kindergarten class). If you have not been contacted with the Edsby email, please contact the school and we can help.

If you have any questions or concerns, please contact me at the school at 306 922 8339 or ktait@srsd119.ca .

Have a great October,

Kevin Tait

#### **Upcoming Dates**

October 4 – Co-Op fundraiser begins

October 5 - Cross Country Extravaganza

October 7 - Walkathon

October 8 - PLC Day/No School

October 11 – No School

October 12 - Co-Op Fundraiser deadline

October 15 – BP Lunch

October 21 – Picture Day

October 26 - BP Lunch

October 27 – SCC Meeting

#### Co-op Card Fundraiser

West Central will be hosting our annual Co-op Card fundraiser this month. We will be sending order forms home on October 4<sup>th</sup> and will run until the 12<sup>th</sup>. All forms and money must be brought in by October 12<sup>th</sup>. This year we are raising money to purchase new jerseys for the school, as well as to pay for activities throughout the year. The past years have been very successful, so let's keep the tradition going! Thank you in advance for your support.

#### Food Drive

The 7/8 class will be collecting non-perishable food items the week of October 4<sup>th</sup>, to create baskets to donate in time for Thanksgiving. Please send any items with your child, or feel free to stop by and drop them off.

#### **Wolverine News**

Our Cross Country team has done tremendously well this season, and we could not be more proud. The final run will be on Tuesday, October 5<sup>th</sup> at the Extravaganza at Spruce Home School. Good luck to our Wolverines!

Volleyball season is also underway, with league games starting on October 7<sup>th</sup> and continuing every Thursday. Go Wolverines, go!

#### Allergy Awareness

## Please do not send items containing Kiwi as we do have at least one student with a severe allergy.

All Saskatchewan Rivers Public Schools strive to maintain **nut-aware** environments for the safety and well-being of all students, staff and visitors. We ask that everyone please check food labels to ensure that nut products are not listed as an ingredient when shopping for school food items.

- ✓ Please send nut-free snacks and lunches to school.
- √ Cross-contamination is a common cause of anaphylactic reactions. Foods that have come in contact with nut products or contaminated utensils can also trigger allergic reactions.
- Check packaging labels for peanut/nut ingredients. If a product has "may contain trace amounts of peanuts or nuts" this is NOT safe to bring to school.

#### It's Socktober Time!

2021 marks the third year that the grade 5/6 students will be collecting socks for Socktober to help those in need during the colder months. After talking with Our House in Prince Albert, they stated they needed a few other things they were always short on, so this year we would like to collect:

- socks
- toques
- gloves/mitts
- Winter Jackets (must have no holes anywhere and working zippers)

All sexes and sizes are welcome, but adult sizes are needed most.

Thank you so much! Grade 5/6





# Make online payments with SchoolCashOnline

- Field Trips
- Sports Events
- Activity Fees



Registration for School Cash Online is now available! Please visit <u>www.srsd119.ca/school-cash-online/</u> for instructions.



### #38 "Anavets" Prince Albert Air Cadets

Parade nights: Mondays from 6:15 to 9:00pm (Except school holidays)

2021-2022 Staff:

Commanding Officer – Capt Kris Dobratz
Training Officer – Lt Clayton Letendre
Supply Officer/Training - Lt Brenda Dyer
Admin. Officer/Supply – Capt Bernadette Slager
Ground School Training/Air Survival
Instruction/Public Speaking – CI Bob Spracklin

The phone at the Armouries is only used on Monday & Sun. evenings. The number is 306-922-4001 (messages can be left but they are only checked on Mon. & Sun.)



Welcome to the Prince Albert Air Cadets. We are #38 Anavets Squadron.

Registration is now open for the 2021-2022 training year. There are <u>no</u> fees to join and uniforms are provided free which will be required to be returned when leaving the organization.

There are a lot of opportunities in Cadets available for those who show <u>regular attendance</u> and progression in the system. As the cadets advance through the levels they can be offered summer training (at no cost to the family) and employment at summer camps when they reach sixteen. Summer training involves: leadership, survival skills, music training, aircraft mechanics, glider, pilot training, and athletics camps.

What happens on a Monday cadet night?

With Covid19 it makes things a lot more difficult to run a youth program. Last year we did part in person and part online and were able to continue outdoor activities during the day but no overnight ones. We will find out if we can train in the armouries in early October. We are planning an outdoor training day on the 16<sup>th</sup> of October. We will adapt the training throughout the year depending on the requirements of Covid restrictions.

For training, cadets join their level groups (according to age) to learn about a variety of topics. Some of these are the cadet organization, citizenship, drill, air rifles, aircrafts, sports, radio communications, how to instruct other cadets and survival training.

For the online communication and delivery, every cadet must have their **own email address**. It cannot be a school one but must be just for the cadet program. Each cadet will be required to register for cadet365 an online format that cadet groups use to meet and share information.

Parents that want to participate with cadets on outings must fill out some screening papers. This rule has been implemented to ensure the safety of our youth. All parents/guardians are welcome. The more that participate the more fun we have. Parents have a committee to keep them informed about what is planned for the cadets. They will contact each parent as long as they have your email address. If you put a parent one on the registration form it will be given to the parent committee. There is also a facebook cadet group for our parents and cadets. "Prince Albert Air Cadets" We hope you enjoy being part of this organization.



# VIRTUAL Anxiety and Depression Group for Children & Youth

"Mixed Emotions" will provide virtual support to child and their caregivers who are experiencing anxiety and/or depression.

"Mixed Emotions" will strengthen the participant's knowledge of anxiety and depression, expand their "toolbox" of coping skills, increase personal accountability and assist in relapse prevention.

"Mixed Emotions" Virtual group will include parent/caregiver to assist in understanding anxiety and depression, and provides practical coping skills and support.

#### **Up Coming Group Sessions**

Child Session (Ages 7-9) October 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, & 26<sup>th</sup> at 4:00 pm Youth Session (Ages 9-13) November 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> & December 7<sup>th</sup> at 4:00 pm



To register, please contact Intake at (306) 765-6055. For more information please contact Shelby Lysitza at Prince Albert Mental Health (306) 765-6055 or <a href="mailto:Shelby.lysitza@saskhealthauthority.ca">Shelby.lysitza@saskhealthauthority.ca</a>.

# PRINCES ALBERT GOLF AND CURLING CENTRE

Teen Curl—Juniors
Instruction & League
Mondays 4:30 – 5:30 pm
Ages 12 – 19 years old
Equipment supplied
October 27 to February - Cost - \$70.00
Windup, prizes & banquet

High Noon Optimist U15 & U18 Junior Cash Spiel December 4—6

Viterra Youth Prairieland Curling Camp
December 11—\$50

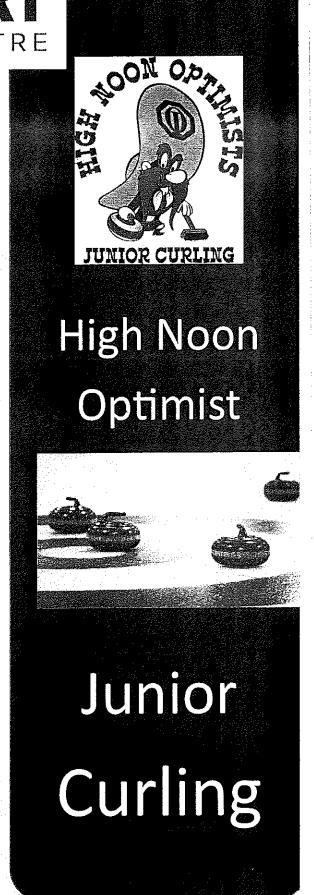
PAG&CC are following CurlSask guidelines— All participants must be fully vaccinated for Covid 19.

#### Register online

@ https://prince-albert-golf.curling.io/en/leagues

Or Information / Registration Nights Sept 22 & Sept 28—5:00—8:00 pm

For more information, contact
Pat Bibby—764-2421
bibby@sasktel.net
Glenn—306-961-7734 or
pagcc\_curling@hotmail.com
Prince Albert Golf & Curling Club
765-5201



# OCTOBER 2021

Sun	Mon	Tue	Wed	Thu		Sat
	-				1	2
3	4 Co-Op Fundraise Begins	5 (K) X-Country Extravaganza	6	7 (K) Walkathon	8 PLC Day/No School	9
10	11 No School	12 (K) Co-Op Fundraiser Deadline	13	14 (K)	15 (K) Boston Pizza Lunch	16
17	18	19 (K)	20	21 (K) Picture Day	22	23
24	25	26 (K) Boston Pizza Lunch	27 SCC Meeting	28 (K)	29 (K)	30
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